

EATING DISORDERS

Identifying Eating Disorders and Promoting Resiliency with Psychologist Dr. Allyson Cherkasky

Tuesday, February 9 • 7:30pm - 9:00pm

Join Gateways: Access to Jewish Education for a free, informative webinar that will give parents and educators strategies to recognize **the signs and symptoms of eating disorders** and to support children and teens who exhibit them. Led by experienced psychologist and professor Dr. Allyson Cherkasky, and featuring **a young woman who will share her experience** living with an eating disorder, the presentation will focus on how adults can **help young people harness their power** to maintain healthy relationships with their bodies and food.

Dr. Cherkasky's presentation will be followed by a Q&A session with the audience, moderated by psychologist Dr. Rachel Schein.

Webinar is free.

Pre-registration is required.



TO REGISTER:

bit.ly/35s5tZa

or scan the qr code >>>



This lecture is the second of a series supported with generous funding from The Miriam Fund of CJP Boston. For information on upcoming lectures, visit www.jgateways.org.


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