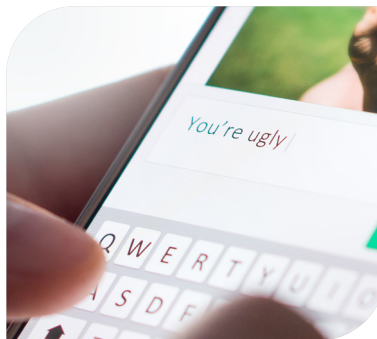


Our Daughters, Our Future: An Educational Series Exploring Girls' Mental Health and Wellness

In response to skyrocketing rates of mental health challenges facing girls and young women in the Jewish community, Gateways is convening a series of experts to speak directly to parents and educators on how to identify early warning signs of girls' mental health issues and share strategies to support girls who are struggling. **All webinar presentations are free and require pre-registration.** In the week following each webinar, Gateways will convene a discussion (via Zoom) facilitated by a clinical psychologist to share additional resources and to address specific concerns and questions.



October: Anxiety & Depression



December: Bullying



February: Eating Disorders



April: Self-harm



June: Trauma

This series is supported with generous funding from The Miriam Fund of CJP Boston.
For more information, visit www.jgateways.org.

The
Miriam Fund
Creating opportunities for women and girls

SUPPORTED BY
cjp 