




Workspace Checklist


Quiet, calm, uncluttered space, separate from others 

Comfy place to sit or stand (chair, beanbag, standing desk) 


Computer or tablet 


Headphones 

Pencil 

Pencil sharpener 

Paper 

Water bottle 

Focus tool 

Workspace Checklist:

- School supplies (one of each)
- Comfy seating option (pillow, chair, standing desk)
- Water bottle
- Separate space from sibling
- Remove clutter
- Quiet and calm space
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