

Apple Print Rosh Hashanah Cards

On Rosh Hashanah we send people cards to let them know that we care about them and we hope they have a sweet new year. These cards are decorated using apples, which is a food that people eat on Rosh Hashanah. These directions will teach you how to make Rosh Hashanah cards to send to the people you care about so you can wish them a sweet new year.



Note For Adults:

This fun, messy art project is wonderful for so many reasons! It helps students learn to associate apples with Rosh Hashanah through using real apples as an art material. It also gives students the opportunity to create beautiful art that they can feel proud of giving to other people. Additionally, students can meaningfully participate in their family's holiday preparations by creating Rosh Hashanah cards.

This project is also fantastic because it gives students opportunities to make choices. They can choose the color of their construction paper, their paint colors, and how many times they want to stamp their apples. When we ask students to make choices, we create opportunities for them to communicate with us. Even students who are non-verbal can communicate their choices by grabbing, pointing or simply looking at the colors they want. Having the opportunity to make choices is empowering for children.

A note of caution: Some children may be tempted to mouth or eat their apples, even after they are coated with paint. Be sure to tell your children before the activity starts that these apples are not to be eaten. In case the apples used in this project end up in children's mouths, take care to use non-toxic paint and supervise children appropriately.

Materials:

1. Apples that have been cut in half (use a different apple half for each paint color)
2. Washable, non-toxic paint
3. Paper plate or tray for paint
4. Construction paper



Optional Materials:

1. Slant board and tape



Slant boards encourage a more comfortable wrist position because children need to angle their wrists less than when they work on a flat surface. If you do not own a slant board, a thick 3-ring-binder can be used instead. Use tape or clips to secure the construction paper to the slant board so it won't slide off.

2. Fork and foam tubing



Younger children with small hands or students with fine motor difficulties may have trouble holding half of an apple. For these children, you can create a 'handle' for the apple using a fork. To make it even easier to hold, cover the handle with foam tubing. If you do not have foam tubing, you can use the foam pieces from large hair rollers.

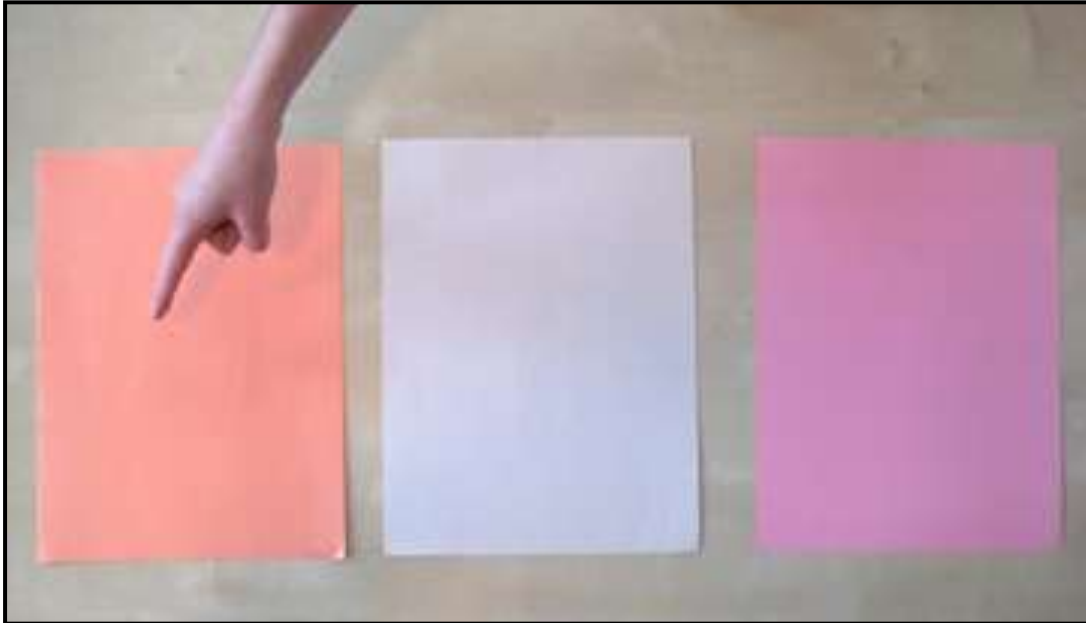
3. Printouts of picture instructions



Children may need directions broken down into small steps in order to successfully complete this art project. The pictures accompanying these directions help children who respond well to visuals, as well as those who are not yet able to read.

Instructions:

1. Choose a color of construction paper. It can be different than the color that the person in the picture chose.



2. Choose a paint color. It can be different than the color that the person in the picture chose.



3. Squeeze a small amount of paint onto a paper plate. An adult may help with this step.



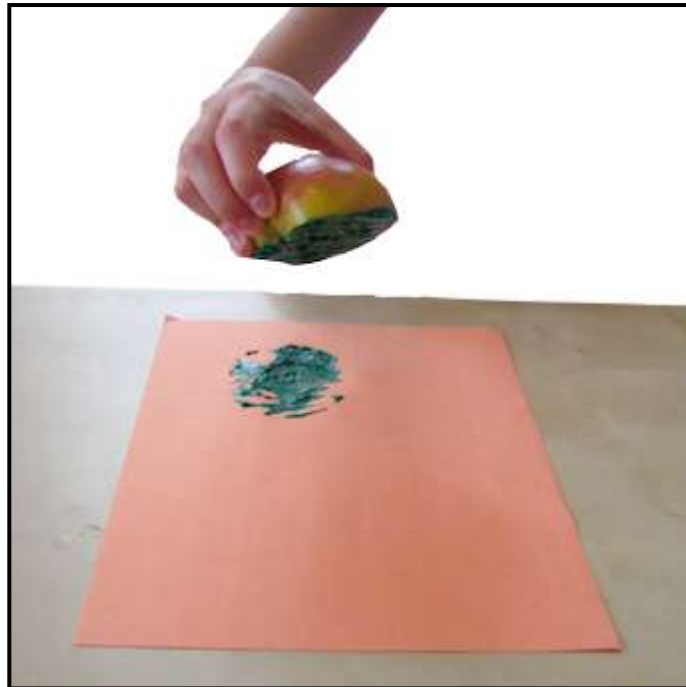
4. Dip the flat side of the apple in the paint.



5. Press the flat side of the apple on the construction paper.



7. Lift the apple off of the paper.



8. Continue to dip the apple in paint and press it on the paper until you are finished.



9. Put the paper in a safe place and wait for the paint to dry



10. When the paint is dry, fold the card in half



11. Decorate the inside of the card.

