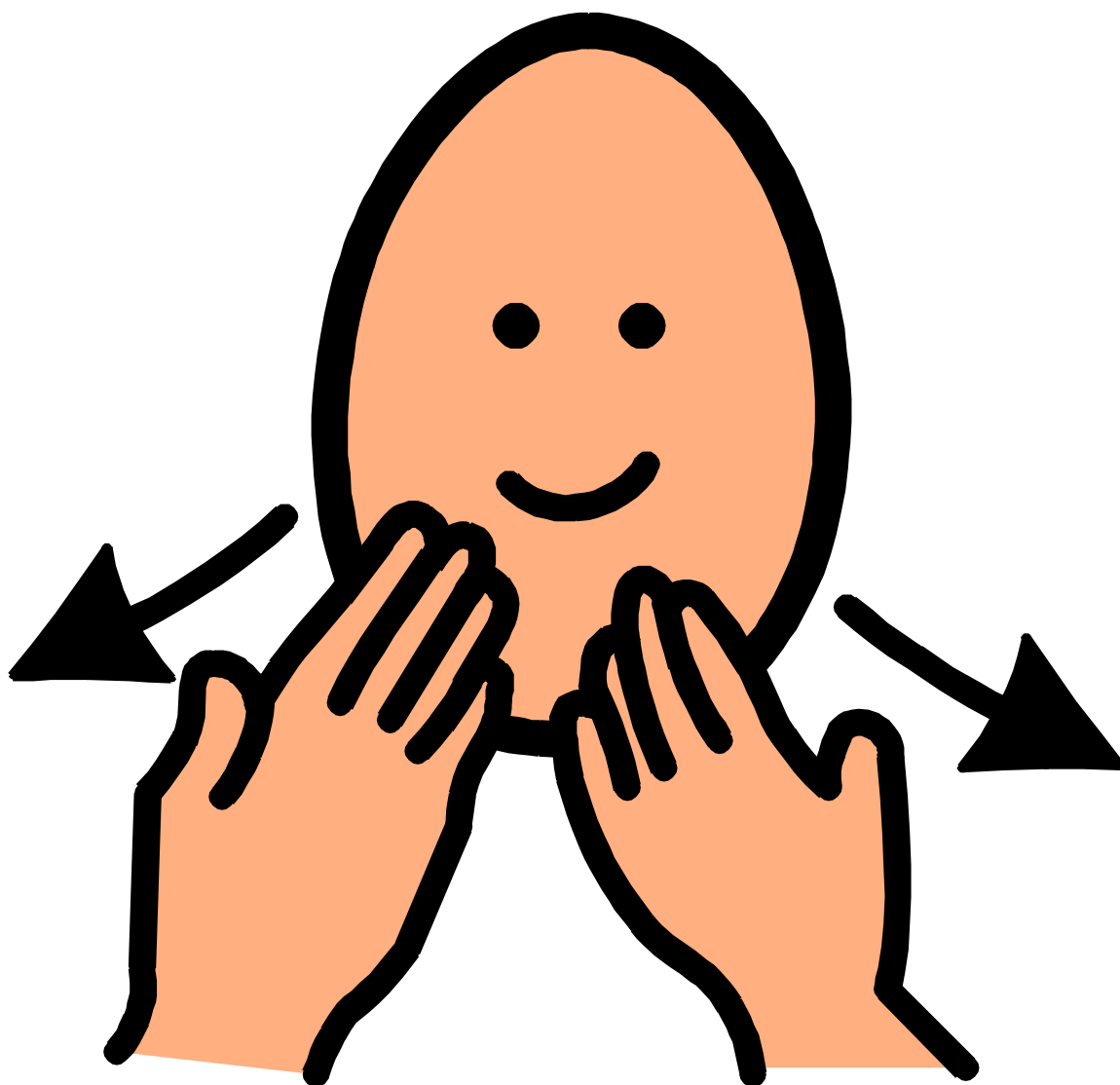
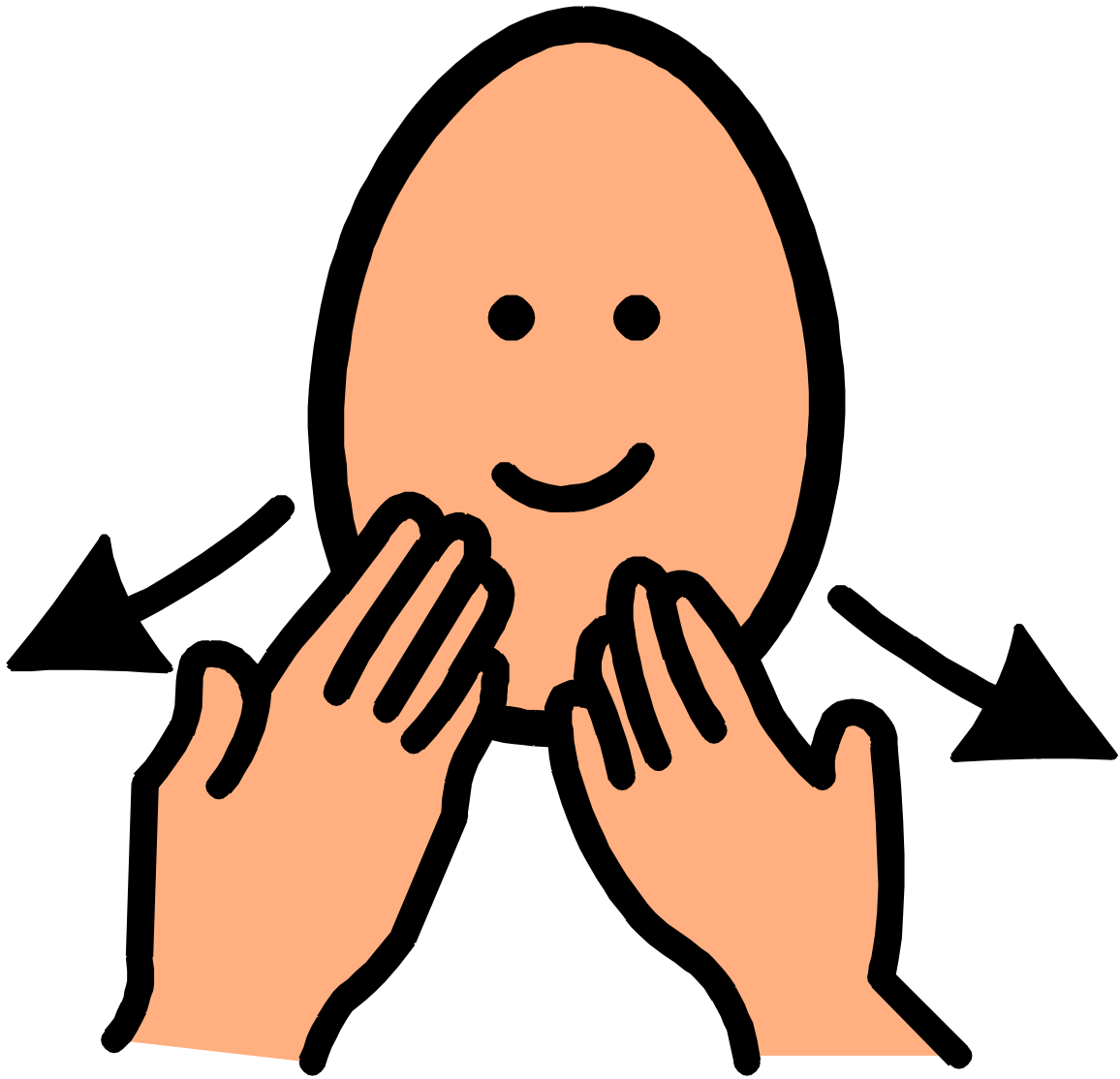


# Saying 'Thank You' to God



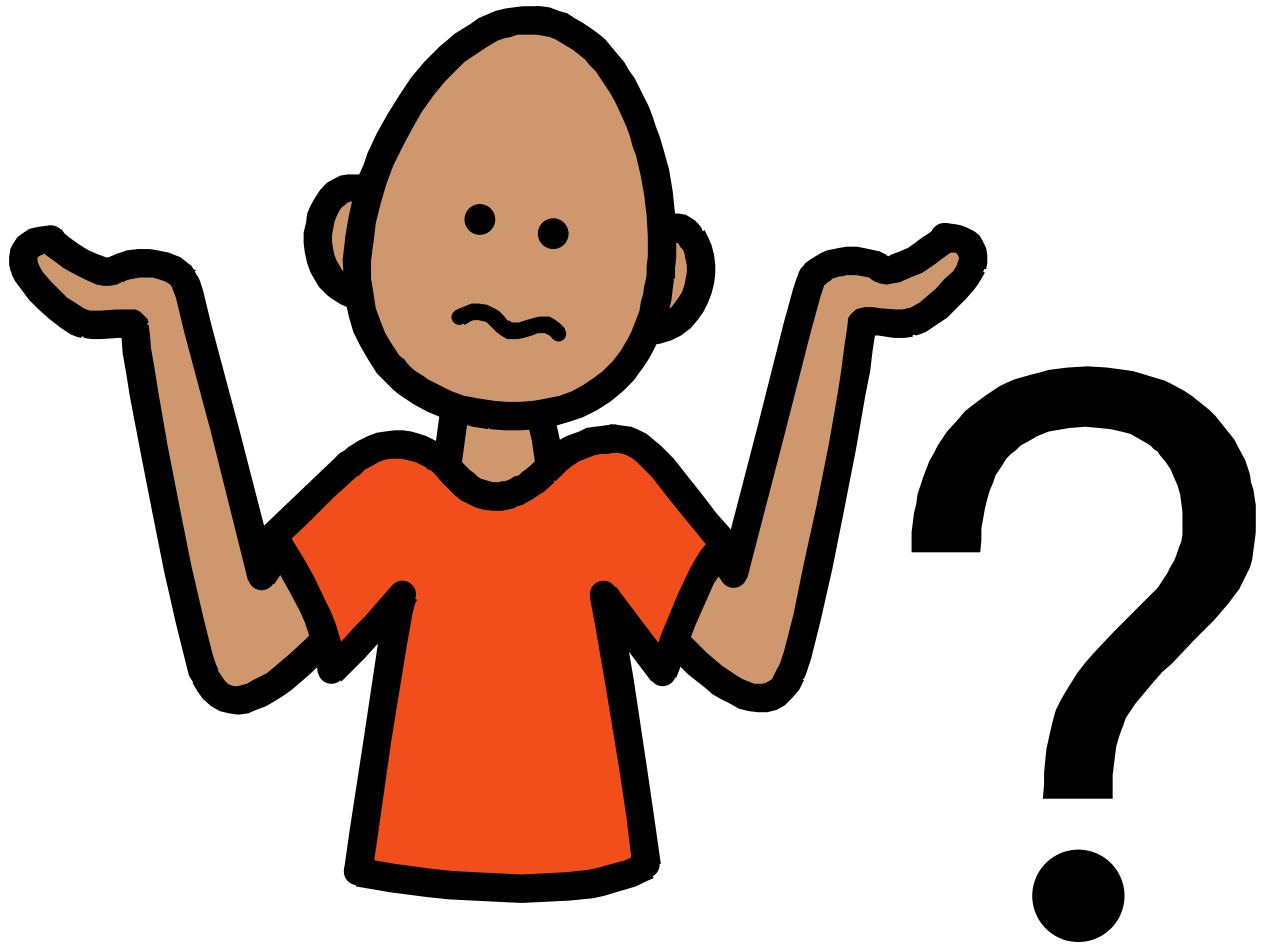


Jewish people say many blessings. Blessings are a special way of saying 'thank you' to God.



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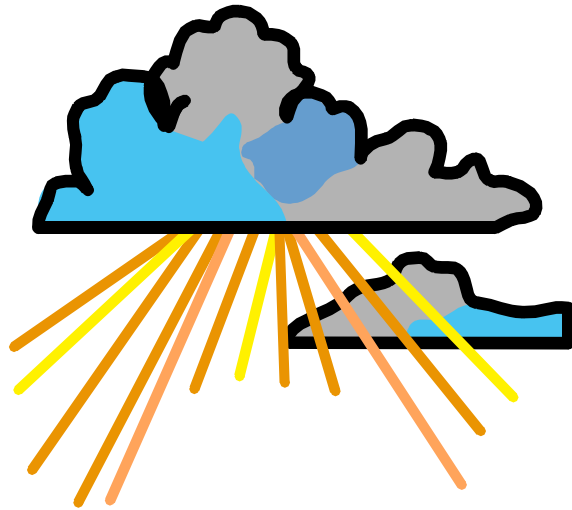


Why do we thank God so much?



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We thank God because God has given people the things we need to live and be happy. We also thank God because God helps all of us in many ways.



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Long ago, God made the Earth. God made the ground we stand on, the sun that warms us, the pretty flowers we see, and the animals we call our friends. We thank God for making the Earth.

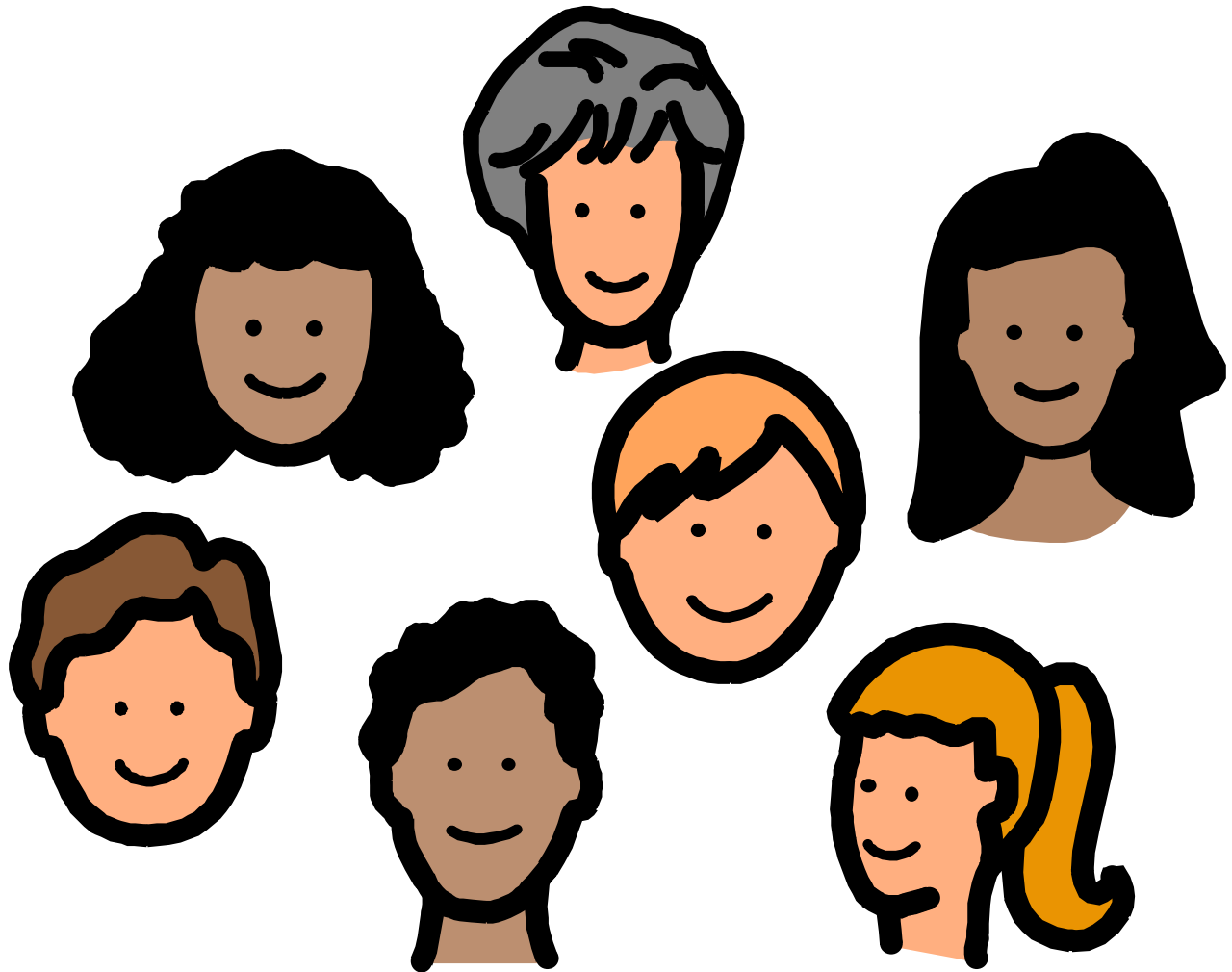


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God made the water we drink. God also made trees and plants that grow the food we eat. Whenever we eat or drink, we thank God for making our food and drinks.

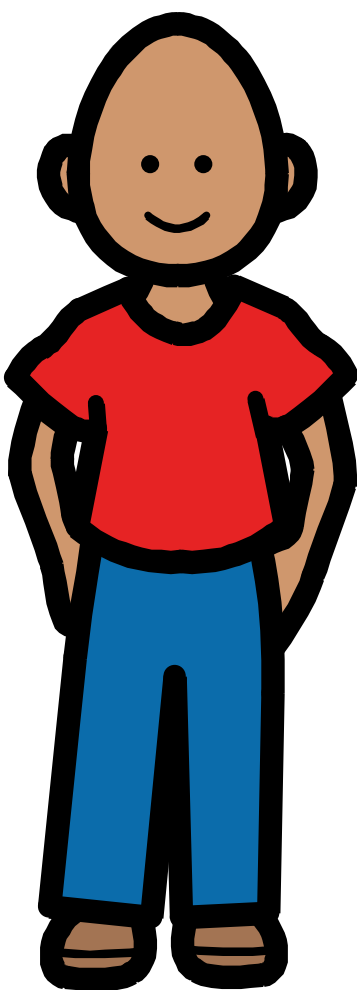


God made people and gave us life. We are happy to be alive everyday. We say blessings to thank God for giving us life.



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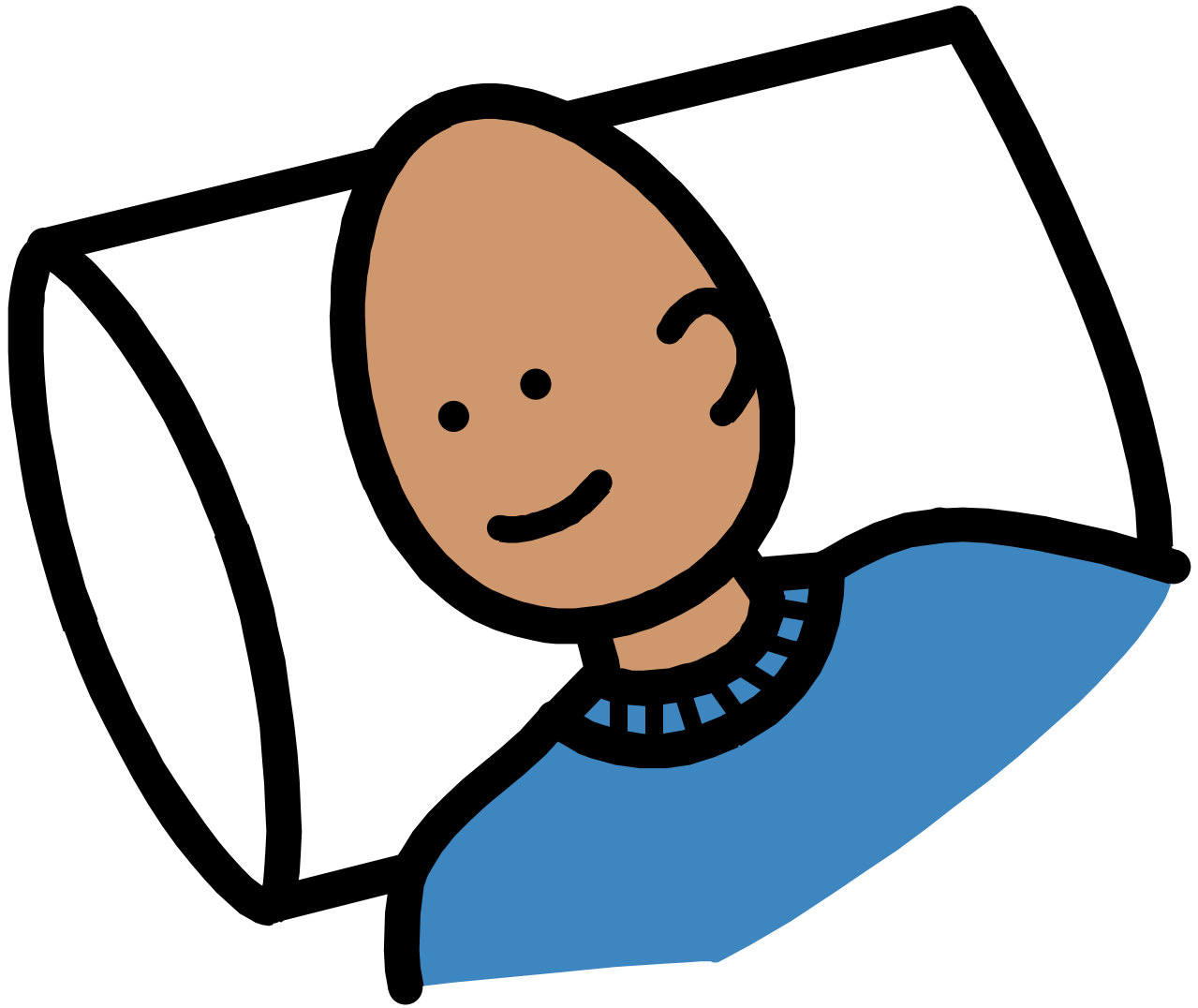
God gave us bodies that work in amazing ways. Every time we see something pretty, smell something good, or even go to the bathroom we thank God for the incredible things our bodies can do.



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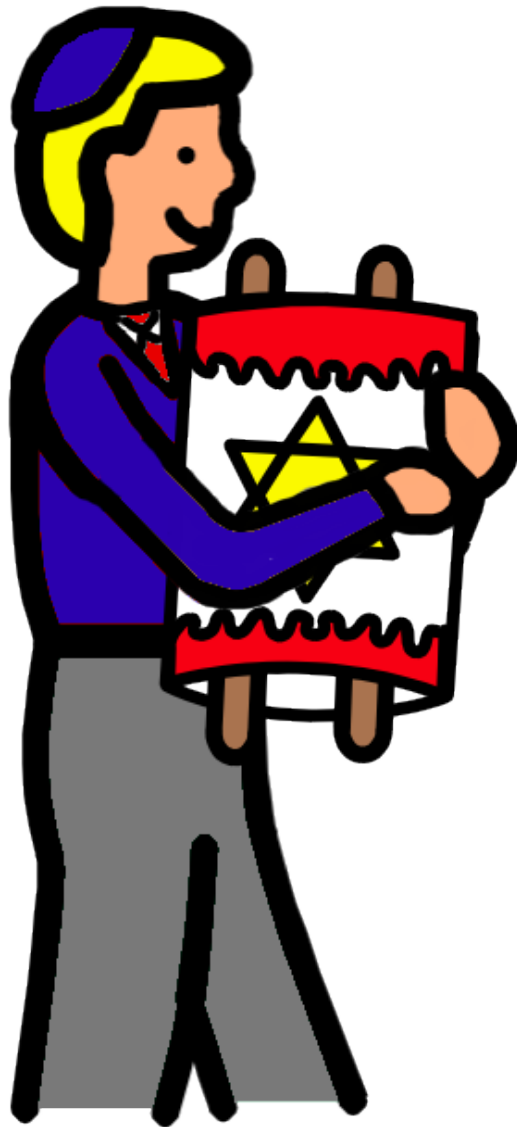


God helps us by keeping us alive and healthy. Every morning God helps us to wake up. We thank God for helping us to wake up in the morning.



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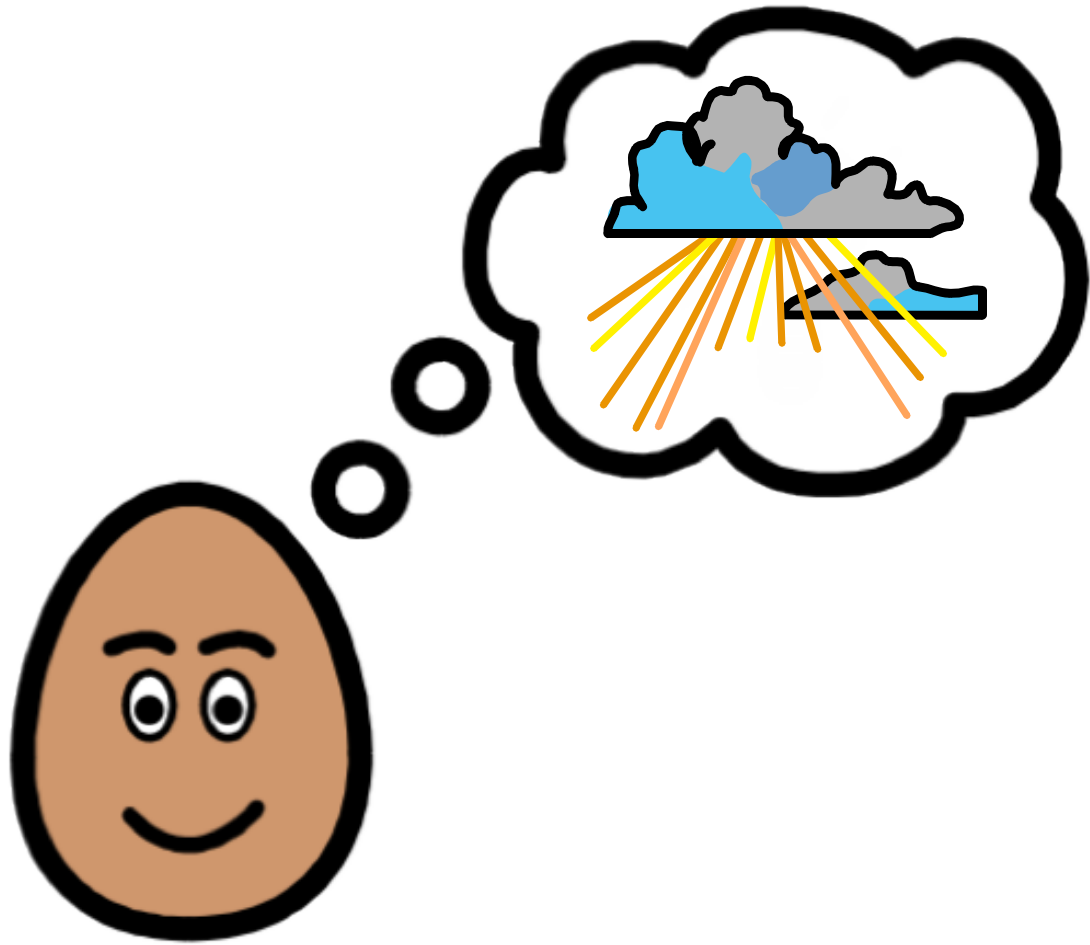


God helps us by giving us rules about how to be good people. God wrote his rules in the Torah. We thank God for giving us the Torah.

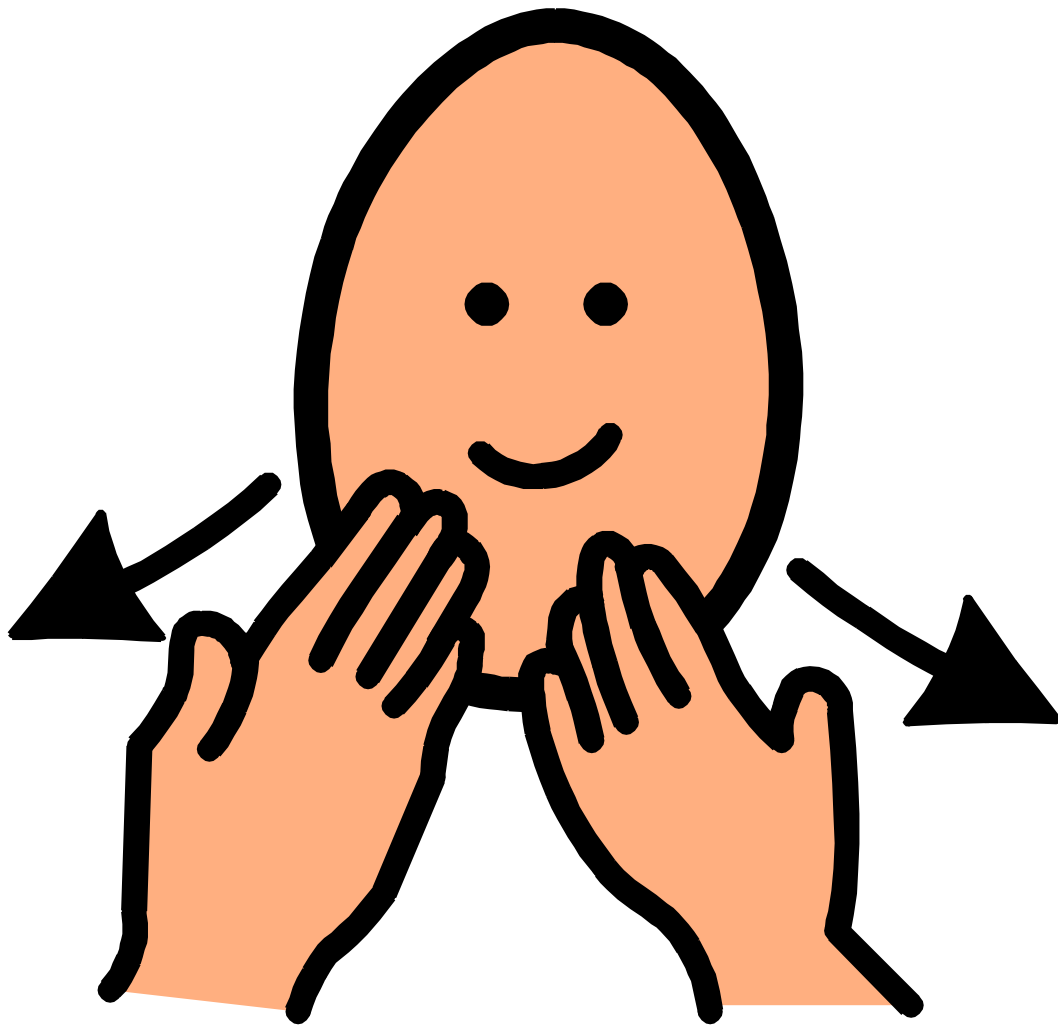


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God helps us if we feel sad or upset. When people remember that God loves us that helps people to feel better. When people remember that God helps us, that helps people feel better, too.



God gave us life and the things we need to be happy and healthy. God helps us in many ways. Every day we say blessings. Every day we say 'thank you' to God.