

Resources on Reintegration after COVID

Resources and Articles from Betsy Stone, Ph.D.

- Betsy's Website - <https://www.betsystonephd.com/>
- Articles on ejewishphilanthropy.com - <https://ejewishphilanthropy.com/authors/dr-betsy-stone/>
- Kristin Neff – Self Compassion Resources - <https://self-compassion.org/>

Websites & Other Resources

- [Reintegration resources from Center for the Study of Traumatic Stress](#)
- [Resources from the National Child Traumatic Stress Network \(NCTSN\)](#)
- Self-Harm Crisis Text Line – www.crisistextline.org
- Child Mind Institute – www.childmind.org
- National Suicide Prevention Lifeline – 1-800-273-8255